



Frame Drumming Workshop with **Rowan Storm** NYC, March 22

Sunday 22 March 2015, 3:00-6:30pm

201 Clifton Place
Brooklyn, NY 11216

Join us for an enchanted journey with the timelessness of frame drumming.

- Give your non-dominant hand a voice, release it from its supporting role, and cultivate partnership between both halves of yourself.
- Learn traditional frame drumming techniques and rhythms.

The frame drum is the earliest documented drum, and continues to play a central role in celebrations of all kinds throughout the Middle East, particularly with women.

Rowan Storm designed Remo's Thinline Frame Drum as an instrument for both musical expression and also for balancing both hands and brain hemispheres. The narrow and lightweight frame allows for holding and playing the Thinline in alignment with the body's axis. Liberated from its supporting role, startling new creative ideas emerge with the non-dominant hand in the lead.

This workshop is an invitation:

- Learn to play the frame drum as an instrument for both musical expression and integration of duality.
- Move out of your comfort zone and reclaim dormant parts of yourself.
- Tap into the dormant power of your intuitive right brain hemisphere.
- Lead with your non-dominant hand, and learn from your Other Half.
- Pulse: Discover the power of simplicity.
- Learn Middle Eastern rhythms.
- Melt into community with simultaneous movement, singing and frame drumming.

Tuition: (Includes the purchase of one Thinline Frame Drum)

\$65 Early Bird Special . . . Register by 15 March

\$80 Later Bird and Walk-ins, space permitting

\$65 Student Special

*If you own a Thinline Frame Drum already, we've included a reduced price on the eventbrite page.

Purchase your ticket here:

<http://www.eventbrite.com/e/frame-drumming-with-rowan-storm-tickets-15976162131>

Requirements for the Workshop:

- One 10" or 12" Thinline Frame Drum by Remo (purchase included in tuition)
- Familiarity with Rowan's Symmetrical Teaching Method: <http://www.rowanstorm.com/teaching-method-videos.html>
- No previous experience necessary

*Limited space ~ Register early to reserve your place!

*Some of Rowan's other drums will be available for purchase at the workshop. (Check, cash and credit cards welcome.)

*Wear loose, comfortable clothing.

For more information and registration:

Karina at (646) 725-5044 or Natalia at (201) 606-3612